

## 1979 Region 1A Girls- May 22 & 23 at Stewartville

**Teams:** Plainview 91, Rochester Lourdes 49, Spring Valley 40, Caledonia 39, Chatfield 32, Lanesboro 21, Elgin-Millville 18, La Crescent 18, New Richland 16, Stewartville 15, Austin Pacelli 14, Southland 14, Houston 12, Pine Island 12, Byron 11, Rushford 10, Spring Grove 8, Zumbrota 8, Medford 7, Wabasha-Kellogg 7, Blooming Prairie 6, Lake City 6, Winona Cotter 4, Lewiston 4, West Concord 3, Kasson-Mantorville 1, LeRoy-Ostrander 1, Goodhue 1, Kenyon 1.

### 100 Meter Dash

- 1 Heidi Kruger, Plain 12.4
- 2 Wentland, NR 12.8
- 3 Schweitzer, Chat 12.9
- 4 McAlpine, Lou 13.0
- 5 Engel, Stew 13.0
- 6 Mickow, WK 13.1

### 200 Meter Dash

- 1 Heidi Kruger, Plain 25.9
- 2 Wentland, NR 26.2
- 3 Schweitzer, Chat 26.2
- 4 Born, SV 26.7
- 5 Deb Ryno, Lou 26.8
- 6 Anborn, Med 26.9

### 400 Meter Dash

- 1 Lori Bearson, Lanes 59.4
- 2 Christopherson, AP 60.5
- 3 Copple, Stew 60.5
- 4 Doty, Stew 60.7
- 5 Schweitzer, Chat 61.2
- 6 Schrimpf, Good 61.3

### 800 Meter Run

- 1 Lori Bearson, Lanes 2:18.8
- 2 Lori Phipps, EM 2:19.9
- 3 Crowson, Chat 2:20.6
- 4 Deyo, LaC 2:23.7
- 5 Hadler, Z 2:23.7
- 6 Bruening, Cal 2:24.4

### 1600 Meter Run

- 1 Teresa Mayer, Lou 5:15.7 \*\*
- 2 Tammy Fenske, EM 5:27.5
- 3 Carman Holtorf, Plain 5:32.6
- 4 Leonard, LaC 5:33.0
- 5 Taaalerud, PI 5:38.7
- 6 Soukup, Lanes 5:43.4

### 3200 Meter Run

- 1 Monica Schliep, Lou 11:48.1
- 2 Carol Bruening, Cal 11:58.2
- 3 Steege, Z 12:00.3
- 4 Cindy Hennessey, Cotter 12:18.6
- 5 Burgers, PI 12:46.1
- 6 Vigum, LO 12:54.8

### 100 Meter Low Hurdles

- 1 Sue Esch, Cal 15.1
- 2 Colson, By 15.5
- 3 Lewison, South 15.6
- 4 Kronebusch, Lew 15.6
- 5 Bany, Plain 15.6
- 6 Mueller, Lou 15.7

### 165 Meter Low Hurdles

- 1 Sue Carter, Plain 22.8 \*\* (new event)
- 2 Sue Esch, Cal 23.3
- 3 Stamschror, WK 24.4
- 4 Lewison, South 24.4
- 5 B. Lentz, SV 24.8
- 6 Colson, By 24.9

### 400 Meter Relay

- 1 Plainview 49.5 \*\* (Carter, Dittrich, Mueller, Kruger)
- 2 Lourdes 51.1
- 3 Medford 51.5
- 4 La Crescent 51.8
- 5 Blooming Prairie 52.1
- 6 Austin Pacelli 52.3

### 800 Meter Relay

- 1 Plainview 1:47.1 (Deming, Dittrich, Bany, Carter)
- 2 Lourdes 1:48.9
- 3 Caledonia 1:50.0
- 4 Blooming Prairie 1:50.5
- 5 La Crescent 1:50.6
- 6 Austin Pacelli 1:51.5

### 1600 Meter Relay

- 1 Plainview 4:07.5 (Mueller, Mitchell, Deming, Holtorf)
- 2 Pine Island 4:11.1
- 3 Lourdes 4:11.8
- 4 La Crescent 4:14.2
- 5 Elgin-Millville 4:16.0
- 6 Stewartville 4:17.1

### Long Jump

- 1 Rhonda House, SV 17-7.5
- 2 Sue Carter, Plain 17-5
- 3 Haltman, LC 16-8
- 4 Narveson, Chat 16-3
- 5 Esch, Cal 15-10.5
- 6 Wohlfell, WCon 15-10

### High Jump

- 1 Pennee Quiram, Plain 5-4 \*\*
- 2 Janet Narveson, Chat 5-3
- 3 Rhonda House, SV 5-2
- 4 Christopherson, AP 5-0
- 5 Doty, WCon 5-0
- 6 Schuster, KM 5-0

### Shot Put

- 1 Rhonda House, SV 41-8.5
- 2 Kay Bunge, SG 40-1.25
- 3 Davis, Stew 38-1.5
- 4 Davy, Cal 37-2
- 5 Stephens, By 36-9.5
- 6 Klassen, Plain 36-6.25

### Discus

- 1 Brenda Johnson, Rush 121-0
- 2 Rhonda House, SV 117-6
- 3 M Pederson, Hous 115-2
- 4 Klassen, Plain 111-6
- 5 Peterson, Stew 110-8
- 6 Alderman, Ken 105-2

\*\* Meet Record

**Notes:** Plainview was coached by John Dzubay.